

# Senior Center FAQs (Updated July 25, 2022)

The following are frequently asked questions and answers regarding Senior Center operations and programs.

## 1. Is the Senior Center open for in-person programming? Yes.

#### 2. What are the office hours at the Senior Center?

- Regular Senior Center hours are Monday through Friday, 8 am-4 pm.
- The Fitness Studio (Studio 55) is open Weekdays, 8 am–5:30 pm (open until 7pm starting Oct 1, 2022) and Saturday mornings, 8am-Noon.

## 3. I'm still nervous to be in public and I'm not sure if I should attend programs at the Senior Center. Do you have any thoughts for me?

We understand some individuals may not yet be comfortable returning for on-site programs. We encourage all to participate at the level they feel comfortable as the decision to participate is solely left to each person. Individuals may decide to attend in person and wear a mask for additional protection. We also encourage those not ready to participate in person to continue (or consider) participation in our virtual class offerings through Zoom.

## **4.** Are there any requirements participants must meet before they can attend programs at the Senior Center? Yes, participants must:

- Be an active member of the UA Senior Association.
- Register in advance for the classes you want to attend.
- Complete our Activity Waiver each time you register for a class/program.
- Upon arrival to your specific program room, all attendees should confirm their name in the daily attendance roster (located in the room where your class or program is conducted). This helps us track program attendance and is also important for contact tracing purposes.

## 5. Is membership with the Senior Center required for participation in programs?

Yes. The UA Senior Association annual membership fee is \$15 for UA residents and \$20 for non-residents. Memberships are for the calendar year. To join, call our office at 614-583-5320.

#### 6. Are masks required at the Senior Center?

Masks are not required at the Senior Center, however on July 22, 2022 Franklin County Public Health issued a county-wide mask advisory for people indoors in public places and crowded outdoor places regardless of their vaccination status. This is advisory extends to Senior Center attendees. If someone has been exposed but is feeling fine and not symptomatic, they may attend programs while wearing a mask for 10 days from exposure.

#### 7. If I don't feel well, can I still come in for my scheduled program or class?

If you are not feeling well, we ask that you stay home. It is helpful (for a registered class) that you call us to cancel your class due to illness. You may return to programs when you are feeling better and are no longer experiencing symptoms. Communication with our office is important and much appreciated.

### 8. Is COVID-19 vaccination required for participation?

Vaccination is not required. In respect to personal privacy, we do not track who is vaccinated versus who is not.

## 9. Do I need to have a COVID-19 test to participate in programs at the Senior Center? Will attendees be screened for COVID-19 symptoms before they arrive in the building?

Participants are not required to be COVID-19 tested. We do not screen people upon entrance to our facilities.

#### 10. Are there hand sanitizers at the facility? How are facilities be sanitized?

Yes, we have sanitizer stations located in our entryways, as well as common areas for individuals to use. Program spaces are sanitized by staff routinely throughout the day. Card groups, Art classes, Café UA and other similar programs have hand sanitizer available at each table. Studio 55 also has sanitizer wipes available to participants for use before and after using shared fitness equipment.

#### 11. Are water fountains be available for use at the Center?

Yes. We also highly encourage participants to bring their own labeled water bottle when possible.

## 12. Is the complimentary coffee bar available for members to enjoy?

Yes. Self-serve coffee and tea is available for members. Hand sanitizer are also located at the coffee bar for all to use when handling items at the coffee bar.

## 13. What factors impact which programs are conducted vs delayed?

- Instructor availability.
- Exposure risks inherent to certain programs during periods of spiked COVID-19 cases in our immediate area.
- Some programs have been successful on Zoom and will continue on Zoom until further notice.
- Program space availability.

## 14. How do I register for a program/class?

Advance registration is required. You may do so in-person at our office, or by calling 614-583-5320. You may also choose to use our department's WebTrac online registration website, along with payment by credit card. Please visit **parks.uaoh.net** to register. If needing additional assistance, you may call or stop by our office.

#### 15. Can I still pay with cash for programs?

Currently we do not accept cash payments. Credit card or check only, please. We accept VISA/MC/Discover.

#### 16. Will Studio 55 Fitness Center operate as it did pre-pandemic?

- Studio 55 hours are Monday-Friday 8 am-5:30 pm and Saturdays 8 am- Noon.
- Starting October 1, 2022, our weekday hours will be extended to 7 pm.
- Traditional usage format, no reservations required.
- Patrons are asked to wipe down equipment before and after use with provided sanitizing wipes.
- Staff sanitize common facility touchpoints regularly throughout the day.

## 17. Is Café' UA operating as it did pre-pandemic?

- Café UA hours are Monday through Friday, 11 am-12:30 pm.
- In order to abide by health requirements, food is not prepared or served from the kitchen. Café UA operates as a "bring your own food and drink" service. Members may continue to enjoy lunch while socializing with peers.
- Hand sanitizer is available at each table. Handwashing before and after meals is encouraged.
- On a monthly basis, the Senior Association coordinates a catered lunch option. Please review the monthly newsletter or call our office for details.

#### 18. Will the Senior Center continue to offer virtual recreation programs through Zoom?

Yes, we will continue to offer programs virtually through Zoom as we are able. For certain programs, Zoom allows for greater participation when compared to limited capacity in a restricted program space.

### 19. Can I share program supplies or personal items with others?

Participants are discouraged from sharing items with others. Please keep all personal belongings to yourself. Your items should be kept near you or easily identifiable by name if needed (example – water bottle with your name on it).

We have cubical storage units available in each building for participants to place items such as coats, water bottles, or other items. We encourage participants to keep valuable items (purses, wallets) with them at all times.

## 20. What will happen to the existing Senior Center once the new UA Community Center is built?

Once the UA Community Center opens and all programs transition into that space, our Senior Programming will move to the new UA Community Center. At this time, the existing Senior Center will be demolished and ownership of the property will transfer to the UA School District.

21. Will my program(s) which I enjoy at the existing Senior Center be offered at the new UA Community Center? The UA Community Center will accommodate existing programs, and we will be able to offer new programs not currently available due to current facility and space limitations.

### 22. Will the new UA Community Center have a fitness area exclusive for Seniors to use?

Different than the existing Senior Center, the UA Community Center will be an intergenerational program facility that accommodates all age segments of the community. The UA Community Center will not have an exclusive Senior fitness floor, however there will be a variety of different types of fitness spaces to accommodate people of all ages and abilities. This will include smaller more private spaces for those that may not feel as comfortable exercising in a large open fitness area. This area will nicely accommodate our older adults who prefer a less intimidating fitness atmosphere.

There will also be group fitness classrooms accessible for senior programs which will support continued SilverSneakers® and other 50-Plus group fitness class offerings.

#### 23. Will there be accessible parking for those with limited mobility to easily access the UACC?

There will be dedicated handicap parking spaces adjacent to the building, as well as "limited mobility" parking spaces designated for those with mobility challenges adjacent to the building as well as in the first floor of the parking garage.